

## **Appreciative Inquiry (A.I.)**

---

***How to implement change in an organization so as to motivate people towards success ?***

### **Duration**

1 day

### **Target audience**

Anybody, every person, department, service, or business man willing to build a motivating future.

### **Objectives**

- Share the vision of the company (common objectives) by considering the success of people, of a team, of the company (positives forces)
- Build (« co-creation ») a motivating future for the people (aspirational future)
- Create group cohesion and team spirit (Team Building)
- Promote creativity and innovation (prefrontal approach)
- Induce dynamics and develop motivation through participation
- Find innovating solutions which are applicable within the reality of the company
- Elaborate an action plan (who does what, when?)
- Application of the action plan.

### **Program**

The program consists of 4 steps :

#### **1. Discovery: Appreciate talent, resources, success, ...**

Research and identification of evidence of individual successes, as well as achievements of a team and of the company.

#### **2. Dream: What might it be? What do you want?**

Starting from these positive points, the participants define a future. Creativity and innovation are favoured. Everything is possible.

#### **3. Design: What should it be? What would be ideal? How do I best use my resources?**

Choices are discussed in order to define the priorities and the possibilities. The participants remain in the reality of the company.

#### **4. Destiny/Deliver: What will it be? What are we going to do?**

The participants work out a practical action plan.

## Methodology

Combination of work in pairs and in group. Intense participation process. Starting from success stories, we then get a vision on an ideal future and we end up with an action plan.

Remark : behavioural styles :

- this one-day-program includes in the morning : behavioural style and the discovery of strengths and areas for special attention (based on social styles).
- the A.I. program on its own can be developed in ½ day.